



Healthy *living with* Diabetes

Kentucky Department for Public Health

Join us for a **three week series** to learn the latest information on managing diabetes, including: healthy eating, developing an active lifestyle, taking medications, and reducing health risks.



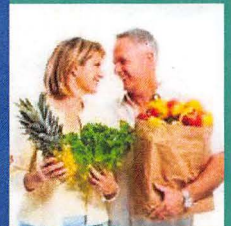
Session 1

August 15th, 9am - 12pm
Jessamine County Extension Office, 95 Park Dr. Nicholasville, KY 40356



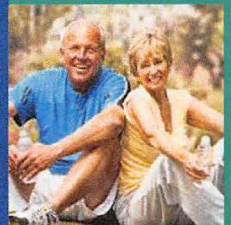
Session 2

August 22nd, 9am - 12pm
Jessamine County Health Department, 210 E Walnut St, Nicholasville, KY 40356



Session 3

August 29th, 9am - 11am
Jessamine County Health Department, 210 E Walnut St, Nicholasville, KY 40356



Call (859) 885-4149, Extension 1040 to sign up!



Kentucky Public Health
Prevent. Promote. Protect.



210 E Walnut Street, Nicholasville, KY 40356

