

Your child may have been exposed to:

Bronchitis

Bronchitis / bronchiolitis are respiratory illnesses caused by viruses or bacteria

If you think your child has Bronchitis:

- Tell your childcare provider or call the school.
- **Need to stay home?**

Childcare and School:

Yes, until the fever is gone and your child is healthy enough for routine activities.

Symptoms

Your child may have a runny nose and fever. Cough starts out dry and harsh. It will become looser after the child has been sick for while. Your child may have a sore throat also. The cough has the potential to last for one to two weeks.

Spread

- By touching secretions from the nose or mouth.
- By touching contaminated hands, objects, or surfaces.

Contagious Period

Shortly before and during active symptoms.

Call your Healthcare Provider

If anyone in your home:

- ◆ If your child has a fever..
- ◆ If your child has a sore throat or cough that will not go away.
- ◆ Antibiotics may not work for illnesses caused by viruses. Some forms of bronchitis are caused by viruses not bacteria.

Prevention

- Cover your nose and mouth when sneezing and coughing. Use a tissue or your sleeve. Dispose of used tissues.
- Wash hands after coming in contact with anything that may be contaminated with secretions from the nose and mouth. Your child may need help washing their hands to make sure they are clean.
- Clean and disinfect objects that come in contact with secretions from the nose or mouth. Use a product that kills germs.
- DO NOT expose your child to second hand smoke. Smoke increases the risk for serious respiratory infections and middle ear infections.

**For more information, please call:
Jessamine County Health Department's Regional Epidemiologist
Phone: 859-885-4149 x1033.**