

Your child may have been exposed to:

CMV

CMV (cytomegalovirus) is a common virus that infects most people, but rarely causes illness.

If you think your child has CMV:

- Tell your childcare provider or call the school.
- **Need to stay home?**

Childcare and School:

No.

Symptoms

Most people have no symptoms. Very rarely, a person may develop symptoms. These symptoms include fever, sore throat, tiredness, and swollen glands.

Spread

- By touching saliva or urine.

Contagious Period

Virus may be active in urine and saliva for a long period of time.

Call your Healthcare Provider

- ◆ If anyone in your home has symptoms of CMV.

Prevention

- Wash hands after using the toilet, changing diapers, touching secretions from the nose or mouth, and before preparing food or eating. Your child may need help with hand washing.
- Clean and disinfect objects that come in contact with urine or saliva. Use a product that kills germs.
- Minimize contact with children's saliva. Avoid kissing their lips or hands.
- **DO NOT** have mouth contact with items contaminated with saliva.

**For more information, please call:
Jessamine County Health Department's Regional Epidemiologist
Phone: 859-885-4149 x1033.**