Your child may have been exposed to:

Infectious Diarrhea	Diarrhea is more stools (bowel movements) that are looser and watery when compared to a person's normal pattern and form. Examples of causes include E. coli O157:H7, Salmonella, and rotavirus.

If you think your child has Campylobacteriosis:

- Tell your childcare provider or call the school.

- **Need to stay home?**

  <u>Childcare:</u>

  Yes, until the diarrhea has stopped. Follow "stay home" guidelines for specific germ if the child was tested and the cause is known.

  <u>School:</u>

  No, Unless the child is not feeling well and / or has diarrhea and needs to use the bathroom frequently.

Symptoms
A child with infectious diarrhea may have stools that are loose and runny compared to normal. There may be blood and/or mucus in the stool. Other symptoms may include a stomachache, vomiting, and fever.

If your child is infected, it may take 1 day to 4 weeks (sometimes longer) for symptoms to start.

Spread

- By eating or drinking contaminated food or beverages.
- By touching contaminated hands, surfaces, or objects.

Contagious Period

The illness can spread as long as germs are in the stool.

Call your Healthcare Provider
If anyone in your home:

- ♦ If anyone in your home has symptoms. There may be a medical test to detect the germ. Treatment may be available, depending on the germ that is causing diarrhea.

- ♦ Ask how to prevent dehydration. Your child may lose a lot of water due to vomiting and diarrhea

Prevention
- Wash hands after using the toilet, changing diapers, and before preparing food or eating. Your child may need assistance with washing their hands.
- Clean and disinfect any objects that come in contact with stool. This includes toilets, potty chairs, sinks, toys, & diaper changing areas. Use products that kill germs.
  - DO NOT use beaches, pools, spas or hot tubs for a minimum of 72 hours after the diarrhea has stopped.

For more information, please call:
Jessamine County Health Department's Regional Epidemiologist
Phone: 859-885-4149 x1033.