

JESSAMINE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP)

# Jessamine County

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## 2016 CHIP Progress Reports

11/17/2016

2016 CHIP Progress Reports of Strategic Initiatives established by Jessamine County Community Partners as a result of the Community Health Assessment forums held in 2013.

# Jessamine County Community Health Improvement Plan: 2016 Progress Reports

## 2013 CHIP Initial Strategic Priority: Physical Activity/Recreation

### Goal 1: Increase partnerships with the Recreation Subcommittee Workgroup

Objectives	Action Steps	Measurements	Measure(s)	Responsible Partner(s)	Progress
Increase to 10 community partners committed to improving recreation in Jessamine County by December 2014.	<ul style="list-style-type: none"> <li>Develop listserv of interested participants from the CHA to keep them engaged in workgroup events/activities</li> </ul>	Listserv developed  # of community partners	1 listserv  15 community partners	JCHD  Recreation Committee Members At-Large	Met ✓
	<ul style="list-style-type: none"> <li>Recruit volunteers to help with trails information for brochure</li> </ul>	# of volunteers	7 volunteers	JCHD and JC Parks and Rec	Met ✓

### Goal 2: Increasing Partnerships and Input

Objectives	Action Steps	Measurements	Measure(s)	Responsible Partner(s)	Progress
Create a mechanism by May 2014 for community partners to post recreational opportunities to a central listing. Revised objective: May 2015	<ul style="list-style-type: none"> <li>Collect current recreation opportunities within Jessamine County</li> </ul>	# of recreation opportunities collected	50 recreational opportunities collected	YMCA, JC Parks and Rec, JCHD	Met ✓
	<ul style="list-style-type: none"> <li>Develop a web listing of recreation opportunities in Jessamine County</li> </ul>	Web listing developed	1 web listing developed	JCHD	Met ✓

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<p>Increase awareness of Jessamine County recreational opportunities by publishing a central listing of these opportunities in a minimum of 1 location/site by May 2014.  <b>Revised objective: May 2015 (website officially finished in August, 2015)</b></p>	<ul style="list-style-type: none"> <li>Publish the web listing of recreation opportunities in Jessamine County on appropriate local agency websites/social media</li> </ul>	<p># of websites /social media sites listing posted on</p>	<p><b>6 websites/social media listing posted on (JCHD Website, Facebook, Twitter; Chamber of Commerce Facebook; Jessamine County Trails Facebook; Articles written in Jessamine Journal)</b></p>	<p>JC Chamber of Commerce, JC Parks and Rec, JCHD, JC YMCA, Jessamine County/Nicholasville Government</p>	<p>Met ✓</p>
<p>Evaluate the use of the websites where the central listing is located to increase the awareness of the recreational opportunities in Jessamine County. Complete evaluation bi-annually until 2018.</p>	<ul style="list-style-type: none"> <li>Monitor website traffic hits by assessing web visits</li> </ul>	<p># of traffic hits monitored per 6 months to assess increase web traffic</p>	<p><b>996 traffic hits from August, 2015-December, 2015                  20,505 hits for January 2016 through June 2016</b></p>	<p>JCHD</p>	<p>In progress</p>

### Goal 3: Increase the Understanding and Use of Science Based Physical Activity/Obesity Prevention Interventions

Objectives	Action Steps	Measurements	Measure(s)	Responsible Partner(s)	Progress
<p>Increase recreation among JC residents 50+ y/o through implementation of a minimum of 1 science-based intervention by 2018.</p>	<ul style="list-style-type: none"> <li>Implement the Strong Woman Osteoporosis Exercise Program</li> <li>Implement the Arthritis Foundation Program Exercise with Ease Exercise</li> </ul>	<p># of classes and participants offered per year</p>	<p><b>2 classes /week for 8 weeks 3x/year with 15 unduplicated participants/class</b></p>	<p>JCHD</p>	<p>Met ✓</p>
		<p># of classes and participants offered per year</p>	<p><b>3 classes/week for 8 weeks 3x/year with 25 unduplicated participants/class</b></p>	<p>JCHD, local volunteer</p>	<p>Met ✓</p>

## Jessamine County Community Health Improvement Plan: 2016 Progress Reports

### 2013 CHIP Initial Strategic Priority: Substance Abuse/Use

#### Goal 1: Increasing Partnerships and Input

Objectives	Action Steps	Measurements	Measure(s)	Responsible Partner(s)	Progress
Increase the number of community partners committed to substance abuse reduction activities by a minimum of 10 members within six months (November 1st, 2013)	<ul style="list-style-type: none"> <li>Recruited interested participants from the CHA/CHIP Group to become members of the ASAP Group.</li> </ul>	# of recruited new members	24 New Members Recruited as of December 31, 2015	Jessamine County Health Department and other committee members	Met ✓
Establish a minimum of 2 subcommittee groups to increase focus on specific substance abuse issues (ie heroin, prescription drug abuse, adolescent drug trends, etc.) by Spring 2014.	<ul style="list-style-type: none"> <li>Develop committees focusing on resources relating to substance use/abuse</li> </ul>	# of subcommittee groups formed	1 subcommittee formed Other subcommittee not created due to Lexington Resources already available.	ASAP Board	Met ✓
Solicit community input (through surveys) regarding a specific substance abuse prevention strategy by February 2014.	<ul style="list-style-type: none"> <li>Contract with Asbury University to complete a public opinion poll regarding smoke-free policy</li> <li>Distribute survey to community &amp; Chamber of Commerce</li> </ul>	Signed contract with Asbury	1 Signed Contract (Fall 2013)	Jessamine County Health Department	Met ✓
		# of participants completing surveys	690 participants completed survey		Met ✓
		# of Jessamine Chamber members completing surveys	80 Jessamine Chamber of Commerce Members *Surveys completed by December 2013		Met ✓

## Jessamine County Community Health Improvement Plan: 2016 Progress Reports

### Goal 2: Increase Knowledge of Substance Abuse Issue

Objectives	Action Steps	Measurements	Measure(s)	Responsible Partner(s)	Progress
Increase knowledge of current substance abuse trends among parents, school personnel and other Jessamine County members through a minimum of 1 county-wide event reaching a minimum of 30 people by January 2014.	<ul style="list-style-type: none"> <li>Community Collaboration to host National Speaker about Adolescent Drug Trends</li> <li>Recruitment of community participants through various communication outlets</li> </ul>	National Speaker to present at a community forum	<b>1 Speaker – Adam Argullin at the JCPL on November 6, 2014.</b>	ASAP Board, Jessamine County Public Library and Jessamine County Health Department	Met ✓
		# of communication outlets utilized	<b>2 ads in Jessamine Journal</b>		Met ✓
		# of participants at forum	<b>Flyers passed out at JCHD, JCPL and JCPS JCPS provided one-calls to enrolled students' homes ~50 participants in attendance</b>		Met ✓
Utilize media and social media to distribute a minimum of 2 targeted substance abuse prevention informative messages to teens and parents by January 2015.	<ul style="list-style-type: none"> <li>Contract with local movie theatre to run Heroin PSA's before movies</li> <li>Post PSA's on collaborating partners websites and FB pages</li> </ul>	Signed Contract # of PSA's ran for a 1 year	<b>1 Signed Contract 2 PSA's ran for an entire year before all R-Rated movies at Amstar/Brannen Crossing</b>	ASAP Board, St Joe Jessamine and JCHD	Met ✓
		# PSA's posted on partnering agency websites	<b>2 PSA's posted on at least 3 partnering agency websites</b>		Met ✓

## Jessamine County Community Health Improvement Plan: 2016 Progress Reports

### Goal 3: Increase Understanding and Use of Science-Based Substance Abuse Interventions

Objectives	Action Steps	Measurements	Measure(s)	Responsible Partner(s)	Progress
Increase understanding of science-based substance abuse interventions by the ASAP/Bluegrass Regional Prevention Centers partnership so that a minimum of 3 science-based interventions are considered by June 2015.	<ul style="list-style-type: none"> <li>Research Science based interventions</li> </ul>	# of science based interventions researched	3 reviewed interventions researched- Coaches Initiative, Alcopops, & National Speaker – Adam Argullin Presentations	ASAP Board, Jessamine County Schools, JCHD, and Bluegrass Regional Prevention Centers.	Met ✓
Reduce (specific substance) use/abuse among Jessamine County adolescents through implementation of a minimum of 1 science-based intervention by January 2016.	<ul style="list-style-type: none"> <li>Research Science based interventions for adolescents</li> </ul>	# of research science based interventions for adolescents	1 science based intervention researched (DARE Role Model Program)	ASAP Board, Officer Clint Newton at TPS.	Met ✓

## Jessamine County Community Health Improvement Plan: 2016 Progress Reports

*Revised (December - 2014) CHIP Strategic Priority: Substance Abuse/Use Goals & Objectives*

### Goal 1: Increasing Partnerships and Input

Objectives	Action Steps	Measurements	Measure(s)	Responsible Partner(s)	Progress
Continue to educate existing partners annually on the most current KIP Data and Community Needs Assessment (to be completed in Fall 2016) to keep all partners informed on current drug trends in Jessamine County.	<ul style="list-style-type: none"> <li>Share KIP Data Report, Community Partners</li> </ul>	# of attendants at the KIP Data Release Presentation	#of attendants at the KIP Data Release Presentation	Jessamine County Public Schools, Bluegrass Regional Prevention Centers, JCHD and ASAP Board	In Progress
Continue to recruit necessary community partners who will assist the board in addressing current substance abuse trends in Jessamine County. (Ongoing)	<ul style="list-style-type: none"> <li>Recruited interested participants from the CHA/CHIP Group to become members of the ASAP Group.</li> </ul>	# of recruited members	12 New Members (2015)	Jessamine County Health Department and ASAP Board	Met ✓
Increase the community's awareness of the Jessamine County ASAP Board and Safe Communities Subcommittee initiatives and efforts by launching/updating Website and Facebook pages. Also, partnering with the Jessamine Journal to do a series of articles on Board/Workgroup initiatives and current drug trends (i.e. heroin, e-cigarettes, prescription drug abuse, adolescent drug trends, etc.) by Summer 2016.	<ul style="list-style-type: none"> <li>Getting in contact with Jessamine Journal to do article series</li> <li>Form committee to finalize webpage details relating to substance use resources</li> </ul>	# of articles in the series on substance trends  Committee formed  # of committee meetings  # of Webpage(s)	15 articles in the series on substance trends  Lexington Resources utilized instead of this committee.  1 Webpage(s) Created	ASAP, Jessamine County ASAP Board website subcommittee, Jessamine County Health Department, and Jessamine Journal	Met ✓  Met ✓  Met ✓

## Jessamine County Community Health Improvement Plan: 2016 Progress Reports

### Goal 2: Increase Knowledge of Substance Abuse Issues and Unintentional Suicides as a result of substance use.

Objectives	Action Steps	Measurements	Measure(s)	Responsible Partner(s)	Progress
Develop and train youth representatives from the three high schools, to form a coalition that will inform adult audiences (Rotary, Interagency, School Boards, etc.) about current drug trends (Winter 2014).	<ul style="list-style-type: none"> <li>Recruit and train youth representatives on Alcopops</li> <li>Recruit and train teen leaders for TATU program at TPS, EJHS, and WJHS</li> </ul>	# of youth recruited and trained	8 youth leaders from East and West Jessamine High Schools Trained on Alcopops on 11/19/14 26 teens were recruited and trained on the TATU program	JC Public Schools, JCHD, ASAP and Bluegrass Regional Prevention Centers	Met ✓
Increase knowledge of current substance abuse trends among parents, school personnel, and other community members through a minimum of 4 youth presentations (Spring 2015).	<ul style="list-style-type: none"> <li>Schedule Coaches Initiative Training</li> <li>Schedule Alcopops Presentations</li> <li>Schedule and complete TATU presentations (by teen leaders and JCHD staff) at EJMS and WJMS</li> </ul>	# of Coaches Initiative Presentations Scheduled	Coaches Initiative Scheduled for 8.4.15 at Central Bank – 40-50 Coaches will be in attendance	JCHD, Bluegrass Regional Prevention Centers, Bluegrass Regional Prevention Centers and ASAP	Met ✓
		# Of Alcopops Presentations	EJMS received 3 presentations in 2 sixth grade class rooms over 2 semesters in school year 2014/15 totaling 12 presentations		Met ✓
		# of TATU presentations at Jessamine County Schools	WJMS received 3 presentations in 2 sixth grade classrooms over 4 quarters totaling 24 presentations in school year 2014-2015		Met ✓
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<p>Provide updated local resource pocket cards for all Jessamine County High School Students with information about signs/symptoms of unintentional substance abuse overdoses (ie binge drinking and heroin) and education about Medical Amnesty (September 2015).</p>	<ul style="list-style-type: none"> <li>Update Fayette County Pocket Cards</li> <li>Print and Distribute Pocket Cards at school events for TPS, EJHS and WJHS</li> </ul>	<p># of cards updated</p> <p># of cards printed and distributed</p> <p># of school events cards were distributed</p>	<p>1 pocket card was updated using Jessamine County Resources</p> <p>2000 cards printed and distributed</p> <p>Cards distributed at EJHS &amp; WJHS Ghost Out Event and TPS Alcohol Awareness Conference = 3 events</p> <p>Cards also distributed ongoing basis at County Attorney Office</p>	<p>JCHD, ASAP, Fayette Heroin Task Force, Bluegrass Regional Prevention Centers and Jessamine County Atty Office</p>	<p style="text-align: center;">Met ✓</p>
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### Goal 3: Increase understanding and use of prevention programming

Objectives	Action Steps	Measurements	Measure(s)	Responsible Partner(s)	Progress
<p>Assist the Jessamine County Schools in hosting a countywide Coaches Initiative program to work with high school coaches to raise awareness and educate coaches on strategies to reduce acceptability and use of substance abuse among team mates (Summer 2015).</p>	<ul style="list-style-type: none"> <li>Schedule mandatory countywide Coaches Initiative for all coaches in Jessamine County school system</li> </ul>	<p># of programs scheduled</p> <p># of coaches who attend initiative</p>	<p>1 Program scheduled for August 4, 2015</p> <p># of coaches who attended initiative</p>	<p>ASAP Board, Bluegrass Regional Prevention, JCHD</p> <p>50+ (All coaches in school system required to attend training)</p>	<p style="text-align: center;">Met ✓</p> <p style="text-align: center;">Met ✓</p>

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<p>Expand the Coaches Initiative Program to include Asbury University and the local Club Sports/Recreational Leagues in Jessamine County (Summer 2015).</p>	<ul style="list-style-type: none"> <li>• Communicate to Asbury University about Coaches Initiative program</li> <li>• Communicate to local club sports/recreational leagues</li> </ul>	<p>Contact Asbury personnel via e-mail regarding Coaches Initiative.</p> <p>Contact local club sports/recreational leagues via e-mail or phone call</p>	<p>Communicated via e-mail with Asbury University on March 3, 2015. Asbury already has substance abuse/use efforts implemented.</p> <p># of e-mails and # of phone calls made to local club sports/recreational</p>	<p>ASAP Board, Bluegrass Regional Prevention, JCHD</p> <p>2 e-mails distributed (Lysa Coordinator &amp; Parks and Recreation Director)</p> <p>0 phone calls</p>	<p>Unmet</p> <p>Met ✓</p>
<p>Continue to request funding proposals for prevention programming from local schools and community agencies whose mission or goals align with the established Mission Statement.</p>	<ul style="list-style-type: none"> <li>• Funding proposals for prevention programming from local schools and community agencies</li> </ul>	<p># of funding proposals from local schools</p> <p># of funding proposals from community agencies</p>	<p>12 funding proposals since December, 2014</p> <p>10 Funding proposal since December, 2014</p>	<p>ASAP Board</p> <p>ASAP Board</p>	<p>In Progress (ongoing)</p> <p>In Progress (ongoing)</p>
<p>Develop a local Jessamine County Resource guide that includes all available Suicide Prevention/Intervention Programming. Market these resources to the community via newspaper, websites, and social media sites.</p>	<ul style="list-style-type: none"> <li>• Collect resource guide materials</li> <li>• Develop resource guide</li> <li>• Distribute resource guide resources to newspaper, websites, and social media sites.</li> </ul>	<p># of resource guide materials collected</p> <p>Resource Guide developed</p> <p># of newspaper, websites, and social media sites marketing resources</p>	<p>43 resources collected for resource guide</p> <p>1 Resource Guide developed (2/23/16)</p> <p>0 newspaper 1 websites 2 social media sites</p>	<p>ASAP Board</p> <p>ASAP Board</p> <p>ASAP Board</p>	<p>Met ✓</p> <p>Met ✓</p> <p>Met ✓</p>

## Jessamine County Community Health Improvement Plan: 2016 Progress Reports

### Goal 4: Continue to partner with agencies that promote programming to decrease the incidence of substance use and abuse.

Objectives	Action Steps	Measurements	Measure(s)	Responsible Partner(s)	Progress
Educate the community partners about suicide/mental health/addiction treatment resources now available to Jessamine County (Our Lady of Peace – SJJ) through a board presentation (Spring 2015).	<ul style="list-style-type: none"> <li>Develop presentation</li> <li>Present educational materials to ASAP Board</li> </ul>	<p># of presentations developed</p> <p># of presentations made to ASAP Board</p> <p># of participants at each presentation</p>	<p># of presentations developed</p> <p># of presentations made to ASAP Board</p> <p># of participants at each presentation</p>	JCHD, Our Lady of Peace, Drug Court, The Ridge	Unmet
Educate law enforcement about all local resources for mental health crisis situations available through Bluegrass.Org (Bluegrass Comprehensive Services). Resources will include jail suicide assessments, crisis stabilization, and access to psychiatric services (Fall 2015).	<ul style="list-style-type: none"> <li>Contact Question Persuade Refer training facilitators, Nicholasville Police Department, and Jessamine County Jail to schedule education training</li> </ul>	<p># of trainings scheduled</p> <p># of Nicholasville Police Department officers trained</p> <p># of County Jail employees trained</p>	<p># of trainings scheduled</p> <p># of Nicholasville Police Department officers trained</p> <p># of County Jail employees trained</p>	ASAP Board, Bluegrass Comprehensive Services, JCHD	Unmet Unmet Unmet