2019-2023

JESSAMINE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN

STEPPING TOGETHER TOWARD A HEALTHIER COMMUNITY
OVERVIEW

Community Health Improvement Plan

A community health improvement plan “CHIP” is a long-term, systematic effort to address public health problems on the basis of the results of community health assessment activities and the community health improvement process.

Mobilizing for Action Through Planning and Partnerships

The Jessamine County community utilized a community health assessment and improvement planning (CHAIP) process based on Mobilizing for Action through Planning and Partnerships (MAPP). MAPP is a community-driven strategic planning process which helps communities apply strategic thinking to prioritize public health issues and identify resources to address them. MAPP is an interactive process that can improve the efficiency, effectiveness, and ultimately the performance of local public health systems. The assessments used in the MAPP process include Community Health Status Assessment, Community Strengths and Risks Assessment, Forces of Change Assessment, and the Local Public Health System Assessment.

The Jessamine County community augmented the MAPP process with a three perspective approach to gathering information. Data gathered in conjunction with the Community Health Status Assessment provided a Data Perspective. Collaboration during three community forums, attended by over 50 representatives from community partner organizations, collected information for the Community Strengths and Risks Assessment, Forces of Change Assessment, and the Local Public Health System Assessment, which provided the Organizational Perspective. Information solicited from county residents from October to December, 2017 through 536 electronic & paper health surveys provided the Individual Perspective. The 2018 Jessamine County Community Health Assessment highlights these data elements and corresponding assessments.

Top Priority Health and Safety Issues

During a consensus building activity conducted during the January 25, 2018 CHAIP forum, the following health and safety topics were identified by participants as Jessamine County’s top priority areas:

Chronic Disease
Mental Health
Safety
Substance Abuse/Drug Overdose

The Jessamine County Healthy and Safe Communities Coalition is a collaboration of community partners and members who perform activities as outlined in the Jessamine County CHIP Workplan: 2019-2023 to help improve the status of these top priority areas.

Jessamine County CHIP Workplan: 2019-2023

The following Community Health Improvement Workplan has been created for community partners to coordinate and target resources for Jessamine County’s priority health and safety issues to help improve the overall health status of our community. Workgroups were formed for each priority health/safety topic to develop policies and define actions to target efforts that promote positive health behaviors and outcomes.

Evidence-based interventions will be tailored toward populations at higher health risk as identified in the 2018 Jessamine County Community Health Assessment. Each Priority Health Issue/Topic has its own detailed listing of the goals, objectives, strategies, timeframes, action items and corresponding responsible parties. Strategic planning sessions are performed annually to revise and update workplan activities as needed.

Note:

* denotes activities addressing CHA Populations at Higher Health Risk: elderly, homeless individuals, individuals living in poverty, individuals with substance use disorders, underserved/uninsured individuals and youth

+ denotes activities addressing policy and system level changes to alleviate health inequities and improve the health of populations at higher health risk
**PRIORITY ISSUE: CHRONIC DISEASE**

By June 2023, the burden of Heart Disease deaths (144 per 100,000), Obesity prevalence (35%) and Diabetes prevalence (14%) in Jessamine County will decrease by 25%.

<table>
<thead>
<tr>
<th>HEALTH PROMOTION</th>
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</thead>
<tbody>
<tr>
<td><strong>Goal 1:</strong> People who live and work in Jessamine County will make healthier behavior choices.</td>
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</tr>
<tr>
<td><strong>Objective 1.1</strong></td>
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<tr>
<td>By 2023, decrease the percent of adults who report no leisure time physical activity to 28%. [Baseline: 33%] (Reporting agency: Jessamine County Health Department)</td>
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<tr>
<td><strong>Objective 1.2</strong></td>
<td><strong>Objective 1.2</strong></td>
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<tr>
<td>By 2023, increase the percent of adults who meet the daily intake recommendations for either fruits or vegetables to 15%. [Baseline: 4%] (Reporting agency: Jessamine County Health Department)</td>
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<tr>
<td><strong>Objective 1.3</strong></td>
<td><strong>Objective 1.3</strong></td>
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<td>By 2023, decrease the percent of adults who report less than good health to 13% [Baseline: 16.6%] (Reporting agency: Jessamine County Health Department)</td>
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</tr>
<tr>
<td><strong>Objective 1.4</strong></td>
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<tr>
<td>By 2023, decrease the number of days adults report physically unhealthy days to 2. [Baseline: 3] (Reporting agency: Jessamine County Health Department)</td>
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</table>

**Strategies:** Inform, educate and empower people about health issues

a. Implement community-wide health fair to promote health screenings, health education, physical activity and nutrition in the community. (Lead agency: Jessamine Co. Health Department)

**Overall Progress of Strategy:** Gold

**Rate progress of action step on a scale of 1 to 5:**
1 = no progress/not started;
2 = little progress;
3 = some progress;
4 = moderate progress;
5 = excellent progress/completed

**Rate OVERALL PROGRESS of each strategy and action step, as follows:**
Green: The strategy is proceeding as expected or is on target to begin at a future date.
Yellow: The strategy is not proceeding as expected. Help may be needed to get it back to green.
Red: The strategy is in serious danger of not meeting expectations. Immediate help is needed to move it to yellow or green.
Black: This strategy has not started
Gold: This strategy is completed.
Black: This strategy has been discontinued


## JESSAMINE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN WORKPLAN: 2019-2023

### Action Steps:

<table>
<thead>
<tr>
<th>Action Step</th>
<th>Timeframe for each Action Step</th>
<th>Organization(s) Responsible for Action Step</th>
<th>Target</th>
<th>Actual</th>
<th>Self-rating of progress on action step</th>
<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Identify convenient location and date to host health fair</td>
<td>Start: 3/2019 End: 6/2019</td>
<td>JC Chronic Disease Workgroup</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Gold</td>
</tr>
<tr>
<td>2. Work with community partners to identify potential vendors to provide preventive screenings, biometric screenings, health merchandise, health education and health activities.</td>
<td>Start: 3/2019 End: 8/2019</td>
<td>JCHD, Chronic Disease Workgroup</td>
<td>10</td>
<td>17</td>
<td>5</td>
<td>Gold</td>
</tr>
<tr>
<td>3. Provide annual health fair</td>
<td>Start: 09/2019 End: 10/2019</td>
<td>Fall Festival Committee, JC Chronic Disease Workgroup</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Gold</td>
</tr>
</tbody>
</table>

### a. Comments:

**AS #1:** At the March meeting, workgroup determined a date of September 28 from 9am-12pm and Riney B. Park is the best location for a health fair and 5k. In May, Workgroup notified that annual Jessamine Fall Festival is on September 28 - email communication between workgroup members indicated it would be good to partner with the Festival for the “health” aspect. JCHD met with Festival organizers and they supported the health fair aspect - Chronic Disease designee appointed to Festival Committee.

**AS #2:** Janelle provided previous CHI St. Joseph Jessamine Diabetes Fair vendor listing; HSCC contacting vendors. Workgroup members identified other potential vendors. 17 health and wellness vendors participated in Health Fair on 9/28

**AS #3:** See AS # 1 - Health Fair connected with Jessamine County Fall Festival in September- 5k event cancelled, however, workgroup expected to promote other 5k events in Community. Health Fair hosted - evaluation distributed to vendors for feedback and number of screenings/materials distributed. Workgroup will review evaluation results & discuss next steps at January 2020 workgroup meeting.

### a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.): N/A

### Strategies:

- **Provide equal opportunities for all individuals in Jessamine County to engage in physical activity activities

**Overall Progress of Strategy:** Yellow

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<tr>
<td>b. Increase cycling, running and walking activities in Jessamine County.</td>
<td></td>
<td>(Lead agency: Jessamine County Parks and Recreation)</td>
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- **Blue:** This strategy has not started
- **Gold:** The strategy is completed.
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| 1. Organize community walking groups/5k races to promote physical activity for all populations in a fun, safe and friendly environment | Start: 07/2018  | End: 6/2019  | CHI St. Joseph Jessamine, KORT, YMCA | 250 | 468 | 4 | Green |
| 2. Develop listing of available physical activity opportunities within Community | Start: 11/2017  | End: 9/2018  | JCHD, Chronic Disease Workgroup | 1 | 1 | 5 | Green |
| 3. Identify leader/host for Jessamine County Trails monthly hikes | Start: 3/2019  | End: 9/2019  | JCHD | 12 | 0 | 2 | Red |
| 4. Develop marketing and communications plan to recruit participants from target populations to engage in physical activity opportunities | Start: 4/2019  | End: 12/2019 | JCHD, Chronic Disease Workgroup | 1 | 1 | 3 | Yellow |

**a. Comments:**
AS #1: SJJ organized “Nicholasville Community Walkers” group that meets every Monday at 5pm at CHI St. Joseph Jessamine. Participants: 5/6= 7; 5/13 = 9; 5/20 = 9 (16 unduplicated); 5/27= MDW - did not walk; 6/3 = 8 (18 unduplicated to date); Summer did not have more participation after 6/3. NJCPR has promoted walking in our gymnasium this winter during operational hours, geared mostly towards senior citizens. NJCPR conducted or assisted with (2) 5K races and (2) 3K run/walks, with approximately 450 participants from various demographics. Library hosts regular Walking Group with success - workgroup will promote Library Walking Group to reduce duplication of community resources.

AS #2: Developed comprehensive list of opportunities in Physical Dimension Local Community Resources on Wellness Wheel housed on JCHD website. Listing continuously updated as new opportunities arise in community.

AS #3: Did not complete for 2019 - will revisit in 2020

AS #4: Created “Nicholasville Community Walkers” group flyer, Facebook group and promoted through Jessamine Journal and JessFM May-June; full marketing/communications plan for physical activity not fully implemented but Wellness Wheel captures extensive list made available to the public in October, 2019 which includes Physical activities in Jessamine County and is continuously updated as activities/opportunities as made available to the community.

**a. Physical Location of Data:** (i.e., name of organization, folder, file name, database name, etc.): N/A

**Strategies:** Provide equal opportunities for all individuals in Jessamine County to engage in nutrition activities

| c. Increase Nutrition and Diabetes health education activities and opportunities. (Lead agency: CHI St. Joseph Jessamine) | Overall Progress of Strategy: | Green |

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<tr>
<td>*1. Provide DSME classes to underserved and uninsured individuals free of charge</td>
<td>January, 2019 - December 2019</td>
<td>CHI SJJ</td>
<td>6</td>
<td>6</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>*Provide DPP classes to underserved and uninsured individuals free of charge</td>
<td>January, 2019 - December 2019</td>
<td>JCHD</td>
<td>3</td>
<td>3</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>2. Offer Healthy Cooking Classes and demonstrations</td>
<td>January 2019 - December 2019</td>
<td>Jessamine County Extension Office</td>
<td>12</td>
<td>24</td>
<td>5</td>
<td>Green</td>
</tr>
</tbody>
</table>

a. Comments:
AS #1: CHI SJJ offered 6 DSME classes (4/6 had participants) with a total number of 9 unduplicated participants in 2019. Will continue to offer classes in 2020.
AS #2: JCHD provided 3 DPP classes with a total number of 8 unduplicated participants in 2019. Will continue to offer classes in 2020.
AS #3: Extension Office offered 24 healthy cooking classes in 2019 with a total number of 357 participants. Will continue to offer classes in 2020.

a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.):

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**PRIORITY ISSUE: CHRONIC DISEASE**

Policy and Program Plan Development

Goal 2: Jessamine County will adopt policies and program plans that improve the health of the community and reduce the burden of chronic disease.

Objective 2.1 By 2019, identify at least three policy/program plan development areas that will reduce the burden of chronic disease in Jessamine County

Objective 2.2 By 2023, Jessamine County will adopt at least one policy/program plan to reduce the burden of chronic disease.

Strategies: Develop policies and plans that support individual and community health efforts

*a. Adopt a county-wide smoke-free ordinance (Lead agency: Jessamine County Health Department)*

<table>
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</thead>
<tbody>
<tr>
<td>1. Develop framework for a local indoor Smoke-Free policy for businesses (including e-cigarettes)</td>
<td>July - September, 2019</td>
<td>JCHD</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td><strong>Gold</strong></td>
</tr>
<tr>
<td>2. Develop mass media campaign regarding Vaping, Secondhand Smoke Exposure and impact of local Smoke-Free policy</td>
<td>October - December, 2019</td>
<td>JCHD</td>
<td>1</td>
<td>1</td>
<td>4</td>
<td><strong>Green</strong></td>
</tr>
<tr>
<td>3. Propose local smoke-free framework to elected officials to determine the best approach for smoke-free policy</td>
<td>April - June, 2020</td>
<td>JCHD</td>
<td>1</td>
<td>1</td>
<td>2</td>
<td><strong>Blue</strong></td>
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<tr>
<td>a. Comments:</td>
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<tr>
<td>AS #1: JCHD hired a Population Health Strategist (PHS) in September to work on local smoke-free policy (including vaping) initiatives. PHS reviewed previous efforts and worked with other JCHD staff to develop framework (data - community input, chamber input, community readiness survey (local smoke-free champions), elected official survey; mass media campaign template; ordinance reading(s); JCHD shared efforts with Jessamine County Healthy and Safe Communities Coalition;</td>
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<tr>
<td>AS #2: JCHD developed mass media campaign template and reviewed with Foundation for a Healthy Kentucky to determine appropriate messaging and campaign. Mass media campaign launch expected in February and last until the end of March with messaging related to vaping epidemic; worker secondhand smoke exposure and benefits of local smoke-free policy</td>
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<tr>
<td>AS #3: Working with local elected officials to determine best approach moving forward</td>
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<tr>
<td>b. Complete a Jessamine County Parks and Recreation Master Plan (Lead agency: Jessamine County Parks and Recreation)</td>
<td>Overall Progress of Strategy: <strong>Green</strong></td>
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<tr>
<td>1. NJCPR develop and implement NJCPR master plan</td>
<td>NJCPR</td>
<td>NJCPR</td>
<td>1</td>
<td>1</td>
<td>3</td>
<td><strong>Green</strong></td>
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- **Gold**: The strategy is completed.

### Black: This strategy has been discontinued
### c. Support Lexington Area Bicycle and Pedestrian Master Plan policies and programs for Jessamine County
(Lead agency: Nicholasville Jessamine County Parks and Recreation)

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<tbody>
<tr>
<td>1. Representatives of Chronic Disease Workgroups attending meetings hosted in Jessamine County to provide input on plan</td>
<td>January, 2019 - December, 2019</td>
<td>NJCPR</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
</tr>
</tbody>
</table>

#### a. Comments:
AS #1: Representatives from NJCPR and JCHD continue to attend monthly BPAC meetings (June, 2019 meeting in Wilmore too) and attended the ribbon cutting on November 26, 2019 for the West Hickman Trail in Jessamine County. Currently working on strategies to connect the trail to the bike lane on East Brannon Road.

#### a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.): N/A
### Secure Funding

**Goal 3:** Jessamine County will secure funding to ensure stable infrastructure exists to support chronic disease initiatives

**Objective 3.1**

By 2023, Jessamine County will apply for at least 10 funding opportunities. [Baseline, 2019: 3]

**Objective 3.2**

By 2023, Jessamine County will secure over $10,000 in funding to support chronic disease initiatives.

### Strategies: Research and apply for available funding opportunities

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<th>Self-rating of OVERALL progress on action step</th>
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</thead>
<tbody>
<tr>
<td>a. Apply for grant funds addressing chronic disease issues</td>
<td>May, 2019 - June, 2019</td>
<td>JCHD</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
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<tr>
<td>(Lead agency: Jessamine County Health Department)</td>
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<tr>
<td>*1. Apply for funding to support costs of community-wide Diabetes programs targeted toward underserved and uninsured populations</td>
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<td></td>
<td>January, 2019 - December, 2019</td>
<td>Nicholasville Lion’s Club</td>
<td>1</td>
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<td>*2. Apply for funding to support medical costs for glucose test kits provided at local health fair events and for underserved and uninsured populations</td>
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<td></td>
<td>April, 2019 - August, 2019</td>
<td>JCHD</td>
<td>2</td>
<td>2</td>
<td>5</td>
<td>Gold</td>
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<td>3. Apply for funding to support health fair expenses</td>
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### Comments:

- **AS #1:** JCHD submitted FY 19-20 KY Diabetes Prevention and Control RFA application on 6/3/19 for $7,400 to support costs of Diabetes Prevention Program for underserved and uninsured adults and received notification on 6/17/19 that application was funded for full amount.

- **AS #2:** Bluegrass Lions Diabetes Project received a grant to provide glucose testing free of charge at local events in Central Kentucky. Conducted screenings at Health Fair and completed 29 screenings.

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Strategies: Research and apply for available funding opportunities

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<tr>
<td>2. Explore funding for multi-use path completed on East Brannon</td>
<td>January, 2019 - December, 2019</td>
<td>NJCPR</td>
<td>1</td>
<td>1</td>
<td>4</td>
<td>Green</td>
</tr>
<tr>
<td>3. Seek funding to expand existing Riney B. Park into 5k trail and turn 10 acres into bike trails</td>
<td>January, 2019 - December, 2019</td>
<td>NJCPR</td>
<td>1</td>
<td>1</td>
<td>4</td>
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</table>

a. Comments: AS #1: Worked with Health Program Administrator at the Kentucky Department for Public Health to discuss funding opportunities - Administrator recommended working with Lexington MPO Bike/Ped for funding. Workgroup will continue to explore funding opportunities for this AS. As #2: Temporarily marked a 5K hybrid (asphalt and grass) course and conducted run/walk in September. Permanent signage will eventually be installed throughout the park. Currently in the process of inspecting the available land for a future bike trail complex.

a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.): N/A
### Advocacy

**Goal 4:** People in Jessamine County will be made aware of available resources in Jessamine County related to mental health issues.

**Objective 4.1**

- **By 2023, decrease the number of adults who report mentally unhealthy days from 3 to 2.** [Baseline: 3 days, 2016-2018]
  
  (Reporting agency: Jessamine County Health Department)

**Strategies: Inform, educate and empower people about mental health issues**

<table>
<thead>
<tr>
<th>Action Step</th>
<th>Timeframe for each Action Step</th>
<th>Organization(s) Responsible for Action Step</th>
<th>Target</th>
<th>Actual</th>
<th>Self-rating of progress on action step</th>
<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Identify specific mental health topics for three-part series event</td>
<td>Start: 3/2019 End: 6/2019</td>
<td>JC Library</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Gold</td>
</tr>
<tr>
<td>2. Secure location, dates, host and/or guest speaker(s) for each session in the three-part series</td>
<td>Start: 3/2019 End: 5/2019</td>
<td>JC Library, JC Schools, JCHD, VA Health Care System</td>
<td>3</td>
<td>3</td>
<td>5</td>
<td>Gold</td>
</tr>
<tr>
<td>3. Develop marketing and communications plan to recruit participants and target populations</td>
<td>Start: 4/2019 End: 7/2019</td>
<td>JC Library</td>
<td>1</td>
<td>1</td>
<td>4</td>
<td>Green</td>
</tr>
<tr>
<td>4. Host public events to provide mental health resources to Jessamine County residents</td>
<td>Start: 06/2019 End: 7/2019</td>
<td>JC Library</td>
<td>150</td>
<td>224</td>
<td>3</td>
<td>Green</td>
</tr>
</tbody>
</table>
JESSAMINE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN WORKPLAN: 2019-2023

a. Comments:
AS #1: At February meeting, workgroup determined ACES and Trauma for first session, Addiction Recovery for second session, and Overcoming Depression for third session. Workgroup decided to continue monthly Strong Minds Series. August - Breathing Techniques to Reduce Stress; September - Suicide Awareness; October - Cyber Safety; November & December - worked on January Topic - New Year’s Resolutions and will host activities related to Sources of Strength wheel for future community topics, starting in February.
AS # 2: JC Library served as the location for the first four sessions. Dates/Hosts/Guest Speakers: 1st Session, June 1 - Host: Amber Bruner; 2nd Session, June 29 - Host: Bruce Crouch with guest speakers Alex Elswick from Voices of Hope, Ashley McCarty from Addiction Recovery Care and Debbie Rains - Heroin Education Action Team (HEAT); 3rd Session, July 26 - VA Health Care System Representative.
AS # 3: JC Library developed series flyer, created Facebook event and community partners have been sharing on social media and sending flyers to various target populations (recovery centers, mental health agencies, homeless shelter, businesses, etc.). Additional marketing includes JC Library 1 minute radio spot/JCHD Community Spotlight, local PSA, newspaper and Boosted Facebook ads sponsored by Kentucky Dept. for Public Health Maternal and Child Health (MCH) grant funds. Jessamine County Homeless Coalition required their participants to attend Strong Mind Series as part of their Life Skills class requirement. Months of September and October - workgroup continued to promote Strong Minds Series with branded logo.
AS # 4: June 1: Participants - 60; June 29 - 65; July 26 - 65; August -15; September - 4; October - 400 7th and 8th graders at West Jessamine MS - 15 at community event; Total = 224 participated in community events - 400 at school event

a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.): MCH Catalyst Reporting system for Packet 207 - Bullying/Suicide Prevention

PRIORITY ISSUE: MENTAL HEALTH

Prevention Programming

Goal 5: Bullying and suicide attempts will be reduced in Jessamine County

Objective 5.1 By 2023, decrease the number of Harassment/Bullying events in Jessamine County Schools to 200 [Baseline:453,2016-2017 School Year] (Reporting Agency: Jessamine County Health Department)

Objective 5.2 By 2023, decrease the number of deaths caused by suicide among Jessamine county adolescents aged 10-19 by 25% [Baseline: TBD] (Reporting Agency: Jessamine County coroner’s office)

Strategies: Provide evidence-based mental health prevention programming in schools

*a. Implement Sources of Strength suicide prevention project in Jessamine County Schools (Lead agency: Jessamine County Schools)

Overall Progress of Strategy: Green

Rate progress of action step on a scale of 1 to 5: 1= no progress/ not started; 2= little progress; 3= some progress; 4= moderate progress; 5= excellent progress/completed

Rate OVERALL PROGRESS of each strategy and action step, as follows: Green: The strategy is proceeding as expected or is on target to begin at a future date. Yellow: The strategy is not proceeding as expected. Help may be needed to get it back to green. Red: This strategy has not started. Gold: The strategy is completed.
## Action Steps:

<table>
<thead>
<tr>
<th>Action Steps:</th>
<th>Timeframe for each Action Step</th>
<th>Organization(s) Responsible for Action Step</th>
<th>Target</th>
<th>Actual</th>
<th>Self-rating of progress on action step</th>
<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
</table>
| 1. Present importance of Sources of Strength promotion to Jessamine County School Board for approval | Start: 1/1/19  
End: 3/2019 | JC Schools, JCHD | 1 | 1 | 5 | Gold |
| 2. Coordinate adult leaders training with Source of Strength trainers | Start: 3/2019  
End: 6/2019 | JC Schools, JCHD | 1 | 1 | 5 | Gold |
| 3. Identify participating schools | Start: 3/2019  
End: 6/2019 | JC Schools | 6 | 6 | 5 | Gold |
| 4. Identify adult leader representatives from each school | Start: 3/2019  
End: 6/2019 | JC Schools | 6 | 6 | 5 | Green |
| 5. Identify community partners to attend adult leaders training | Start: 3/2019  
End: 6/2019 | JC Schools, MH Workgroup | 15 | 35 | 5 | Green |
| 6. Identify and conduct peer leaders training | Start: 08/2019  
End: 10/2019 | JC Schools | 150 | 180 | 5 | Green |
| 7. Implement Peer Leader monthly sessions throughout FY 19-20 school year | Start: 9/2019  
End: 5/2020 | JC Schools, MH Workgroup | 6 | 6 | 4 | Green |

### a. Comments:

AS# 1: On January 10th, JCHD meet with Middle & High School Principals and other school personnel to present implementing the Sources of Strength program to the Middle and High Schools. Unanimously, the schools accepted the offer and we are actively working to get this program going for the 2019-2020 school year.

AS# 2: Adult Leader training held on May 29 at East Jessamine Middle School

AS# 3: EJMS, EJHS, WJMS, WJHS, Providence School and JCTC participating in program with adult leader from each school responsible for managing program

AS# 4: 1 Advisor from each school oversees SOS activities

AS# 5: 19 community partners trained during May, 2019 training and assigned to one of 6 schools. Brief adult leader trainings also offered for interested community members, prior to Peer Leader Trainings. Adult Leaders by school: 6 WJMS; 6 Providence; 5 WJHS; 10 EJHS; 5 EJMS; 3 JCTC

AS# 6: Peer leaders trained and dates: WJHS on 9/11 - 45 PLs; EJHS on 9/22 - 70 PLs students; WJMS on September - 28 PLs; JCTC October 22 - 15 PLs; EJMS October 30 - 26PLs ; Providence School - 1/20 - with 7 PLs expected

AS# 7: Number of sessions varies between schools - some trained earlier than others - implementation of sessions began in September and continue monthly. End of 19-20 school report will capture the total number of sessions conducted.

### a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.): School Reporting System

### Strategies: Provide evidence-based prevention programming in Jessamine County

| Strategies: Provide evidence-based prevention programming in Jessamine County | Rate progress of action step on a scale of 1 to 5: | Rate OVERALL PROGRESS of each strategy and action step, as follows: |
b. Implement Mental Health First Aid in Jessamine County
   (Lead agency: Jessamine County Schools)

<table>
<thead>
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<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Coordinate training with KY Department for Behavioral Health</td>
<td>Start: 3/2019 End: 6/2019</td>
<td>JC Schools</td>
<td>1 1</td>
<td>5</td>
<td>Green</td>
<td></td>
</tr>
<tr>
<td>2. Identify adult leaders from Community to participate in initial training</td>
<td>Start: 3/2019 End: 6/2019</td>
<td>JC Schools</td>
<td>4 2</td>
<td>3</td>
<td>Yellow</td>
<td></td>
</tr>
<tr>
<td>3. Participate in KY Department for Behavioral Health training</td>
<td>Start: 9/2019 End: 9/2019</td>
<td>JC Schools</td>
<td>1 1</td>
<td>4</td>
<td>Green</td>
<td></td>
</tr>
<tr>
<td>4. Conduct train the trainer sessions in Community</td>
<td>Start: 10/2019 End: 6/2020</td>
<td>JC Schools; MH Workgroup</td>
<td>5 1</td>
<td>3</td>
<td>Green</td>
<td></td>
</tr>
</tbody>
</table>

b. Comments:
AS #1: Training scheduled for September 9-11 in Frankfort, KY. Expenses covered by KY Department for Behavioral Health
AS #2: 3 school personnel and 1 community partner identified to participate in training
AS #3: Two Jessamine County school personnel attended September 9-11 training; may send additional community members to future trainings based on need
AS #4: Trained 14, 18 year old seniors in December, 2019. Next adult training set for February 17, 2020

a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.): N/A
## Motor Vehicle Safety

**Goal 6:** People in Jessamine County will increase use of motor vehicle safety practices

<table>
<thead>
<tr>
<th>Objective 6.1</th>
<th>By 2023, increase the percentage of Jessamine county residents who use seatbelts while driving or riding in a vehicle by 10% [Baseline: 87.6%, 2016-2018 ] <em>(Reporting Agency: JCHD)</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>Objective 6.2</td>
<td>By 2023, decrease the number of motor vehicle accidents in Jessamine County to 1380 [Baseline: 1634, 2018 ] <em>(Reporting Agency: Nicholasville Police Department)</em></td>
</tr>
</tbody>
</table>

### Strategies: Inform, educate and empower people about distracted driving

<table>
<thead>
<tr>
<th><em>a.</em> Implement evidence-based prevention programming for distracted driving. <em>(Lead agency: Nicholasville Police Department)</em></th>
<th>Overall Progress of Strategy: <strong>Green</strong></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
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<th>Self-rating of progress on action step</th>
<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>Research available evidence-based distracted driving programs.</td>
<td>January, 2019 - December, 2019</td>
<td>JC Safety Workgroup</td>
<td>2</td>
<td>2</td>
<td>5</td>
<td><strong>Gold</strong></td>
</tr>
<tr>
<td>Offer selected evidence-based distracted driving program in Jessamine County</td>
<td>January, 2019 - December, 2019</td>
<td>NPD, JCHD, JCS</td>
<td>6</td>
<td>6</td>
<td>5</td>
<td><strong>Green</strong></td>
</tr>
<tr>
<td>Market/Advertise through various communication methods evidence-based distracted driving program in Jessamine County</td>
<td>January, 2019 - December, 2019</td>
<td>NPD, JCHD, JCS</td>
<td>3</td>
<td>3</td>
<td>5</td>
<td><strong>Green</strong></td>
</tr>
<tr>
<td>Number of teens and parents participating in evidence-based distracted driving program</td>
<td>January, 2019 - December, 2019</td>
<td>NPD</td>
<td>30</td>
<td>46</td>
<td>5</td>
<td><strong>Green</strong></td>
</tr>
</tbody>
</table>
### Infant/Child Fatality

**Goal 7:** People in Jessamine County will prevent infant/child fatalities.

**Objective 7.1**
By 2023, decrease the number of child fatalities in Jessamine County by 100% [Baseline: 8, 2016]
(Reporting agency: Kentucky Department for Public Health, Maternal and Child Health Division)

**Objective 7.2**
By 2023, increase the number of families impacted annually by the HANDS program by 50% [Baseline: 135, 2019]
(Reporting agency: Jessamine County Health Department HANDS program)

**Strategies:** Inform, educate and empower people about infant/child safety

*a.* Implement evidence-based prevention programming to reduce infant/child fatalities in Jessamine County
(Lead agency: Nicholasville Police Department)

<table>
<thead>
<tr>
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<th>Self-rating of progress on action step</th>
<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Offer Cribs for Kids Program</td>
<td>January 2019 - December, 2019</td>
<td>JCHD, Schools</td>
<td>30</td>
<td>16</td>
<td>4</td>
<td>Green</td>
</tr>
</tbody>
</table>

**Rate progress of action step on a scale of 1 to 5:**
- 1=no progress/ not started;
- 2=little progress;
- 3=some progress;
- 4=moderate progress;
- 5=excellent progress/completed

**Rate OVERALL PROGRESS of each strategy and action step, as follows:**
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- Blue: This strategy has not started.
- Gold: The strategy is completed.
- Black: This strategy has been discontinued.
### JESSAMINE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN WORKPLAN: 2019-2023

#### 2. Provide Safe Sleep Resources to the Community

<table>
<thead>
<tr>
<th>Timeframe</th>
<th>Responsible Organization</th>
<th>Target</th>
<th>Actual</th>
<th>Self-rating of progress</th>
<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>January, 2019 - December, 2019</td>
<td>JCHD</td>
<td>5</td>
<td>5</td>
<td>5</td>
<td>Green</td>
</tr>
</tbody>
</table>

**a. Comments:**

- AS #1: JCHD Cribs for Kids program available through grant funds provided by DPH MCH program. As of July, 2019 - 29 cribs left to distributed from July - December, 10 cribs distributed to eligible participants.

- AS #2: Safe Sleep resources provided with Cribs for Kids Distribution (16) and at initial HANDS visits (60 active families); Kids Safety Day (June - 100 brochures); Jessamine Early Learning Village Hoedown (September), Fire Prevention Day (October) (75 distributed);

**a. Physical Location of Data:** (i.e., name of organization, folder, file name, database name, etc.): 15

---

#### Strategies: Inform, educate and empower people about infant/child safety

- *a. Conduct Child Fatality Review Meetings (Lead agency: Jessamine County Coroner’s Office)*

  **Overall Progress of Strategy:** Green

  **Rate progress of action step on a scale of 1 to 5:**
  - 1 = no progress/not started;
  - 2 = little progress;
  - 3 = some progress;
  - 4 = moderate progress;
  - 5 = excellent progress/completed

  **Rate OVERALL PROGRESS of each strategy and action step, as follows:**
  - Green: The strategy is proceeding as expected or is on target to begin at a future date.
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  - Blue: This strategy has not started.
  - Gold: The strategy is completed.
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**Action Steps:**

<table>
<thead>
<tr>
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<th>Self-rating of progress on action step</th>
<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
</table>

- **a. Comments:**

  - AS #1: JCHD and Coroner’s Office identified 39 stakeholders to participate in the Child Fatality Review meeting held on June 19, 2019.

  - AS #2: 20 partners in attendance to review open CFR Cases for solutions to prevent further child fatalities at June 19, 2019 meeting. Zero child fatalities reported from July - December, 2019.

- **a. Physical Location of Data:** (i.e., name of organization, folder, file name, database name, etc.):
### Priority Focus Area #1: Reduce Access to Illicit Drugs and Inappropriate Prescription Drug Use

Goal 8: Implement strategies to decrease drug overdose deaths related to the use of illicit drugs and prescription drug use.

#### Objective 8.1

By 2023, reduce the number of fatal drug overdoses in Jessamine County by 40%. 

**Baseline:** 2017: 30

**Reporting Agency:** Jessamine County Health Department

#### Strategies: Provide evidence-based mental health prevention programming in schools

**a. Educate the community about inappropriate prescription drug use** (with assistance from medical field professionals) and demonstrate a “unified” front.

<table>
<thead>
<tr>
<th>Action Steps</th>
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<th>Target</th>
<th>Actual</th>
<th>Self-rating of progress on action step</th>
<th>Rate OVERALL PROGRESS of each strategy and action step, as follows:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Distribute educational opioid crisis prescription (PSA) information through various communication outlets</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Jessamine County Attorney</td>
<td>2,500</td>
<td>3,286</td>
<td>5</td>
<td>Gold</td>
</tr>
<tr>
<td>2. Educate community on prescription drugs through various community events</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Jessamine County Health Department</td>
<td>5</td>
<td>7</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>2. Identify and engage key leaders from the medical fields for partnerships &amp; collaborations</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Jessamine County Health Department</td>
<td>5</td>
<td>5</td>
<td>5</td>
<td>Green</td>
</tr>
</tbody>
</table>
a. Comments:
AS #1: PSA posted in June, 2017 on Youtube and has had 3,286 views (promoted through websites and social media). Spectrum ran PSA campaign from 11-24-17 to 4-29-18 with 627 spots and 376,232 impressions, with frequency of 7.7 views per person.
AS #3: February, 2018 - community partners distributed DisposeRx packets and information of prescription drug dangers at the East vs. West Jessamine HS basketball game. February, 2018 - Community’s role in Addressing Opioid Crisis Forum; KET Disrupting the Opioid Epidemic; The First Responder’s Role in Addressing the Opioid Crisis April 10, 2018; July 30, 2018, Hope Over Jessamine September 30, 2018 - distribution of DisposeRX and Prescription Drug booklet; Spring/Summer Issue Jessamine Matters 2018 - DisposeRx flyer distributed to 20,000 homes in Jessamine County. Drug trends presentation to Jessamine County Schools February, 2019 and November, 2019 Geoff Wilson provided community event on Drug Trends AS #3: April, 2018 - Offered Prescriber’s Role in Addressing the Opioid Crisis - partnered with Wellness Recovery and KY Society of Addiction Medicine. Opioid Crisis Considerations for Prescribers - partnered with St. Joseph Jessamine, Board of Pharmacy and American Medical Association

b. Focus on engaging medical community & pharmaceuticals in education & awareness campaigns

<table>
<thead>
<tr>
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<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Utilize monthly KASPER monitoring to identify risky prescribing practices</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Nicholasville Police Department</td>
<td>3</td>
<td>0</td>
<td>3 (Green)</td>
<td>Yellow</td>
</tr>
<tr>
<td>2. Educate risk prescribing practice practitioners on alternate prescribing methods</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Nicholasville Police Department</td>
<td>2</td>
<td>0</td>
<td>1 (Blue)</td>
<td></td>
</tr>
</tbody>
</table>

b. Comments:
AS #1: Applied and approved (Fall 2019) to contract with NPD to run monthly KASPER Reports to identify risky prescribing practices. Currently identifying NPD Narcotics Officer to run reports (turnover).
AS #2: Once NPD Officer is identified, this individual will run KASPER reports to identify prescribers that require alternate prescribing methods

a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.): ASAP Meeting Minutes
### JESSAMINE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN WORKPLAN: 2019-2023

**Strategies:** Provide evidence-based prevention programming in Jessamine County

<table>
<thead>
<tr>
<th>c. Prosecution goals of cases brought to court. Programs for low level offenders (KORE, drug court, diversions). Targeting of drug traffickers</th>
<th>Overall Progress of Strategy: Green</th>
</tr>
</thead>
</table>

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<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Continue to support the work of Commonwealth and Jessamine County Attorney monitor annual trends in sentencing</td>
<td>Start: 1/18/2018 End: 12/31/19</td>
<td>Nicholasville Police Department</td>
<td>2</td>
<td>2</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>2 Monitor number of drug court graduates</td>
<td>Start: 1/1/2018 End: 12/31/19</td>
<td>Drug Court</td>
<td>15</td>
<td>28</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>+3 Work with Jessamine County Detention Center to reduce recidivism and drug overdose rates</td>
<td>Start: 1/1/2018 End: 12/31/2019</td>
<td>Jessamine County Detention Center</td>
<td>2</td>
<td>2</td>
<td>5</td>
<td>Green</td>
</tr>
</tbody>
</table>

**Comments:**

AS #1: In 2018 there were 728 drug related arrests and in 2019 as of November 22, there were 611 drug related arrests

AS #2: For 2019, 28 drug court graduates. Over the course of 9 years - 75 successful grads and currently 51 active participants as of November 13, 2019.

AS# 3: Resilience for the Inward Journey offered from 2017 - Current; Applied for and received KIPRC grant funds in December, 2019 ($170,000 per year for 3 years) to hire case-manager and peer support specialist to work with inmates that are exiting jail system and will connect them to needed harm reduction, health and social services.
## Priority Focus Area #2: Improve Drug Overdose Intervention

### Goal 9: Jessamine County residents will be more equipped to respond to overdoses

#### Objective 9.1
Increase encounters through harm reduction services by 50%; [Baseline, 2017: 172 encounters]  
(Reporting agency: JCHD syringe exchange program)

#### Objective 9.2
Increase distribution of narcan kits/treatment vouchers through JCHD & law enforcement by 25% [Baseline; 2017, 114 kits; 2018, 0 vouchers]  
(Reporting agency: SEP, Police department)

### Strategies: Provide evidence-based mental health prevention programming in schools

- **Strategies:** Provide evidence-based mental health prevention programming in schools.

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<th>Self-rating of progress on action step</th>
<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
</table>
| 1. Host Department for Health Mobile Pharmacy | Start: 1/1/18  
End: 12/31/19 | Jessamine County Health Department | 3 | 3 | 5 | Gold |
| 2. JCHD and Simms Pharmacy will partner to distribute Narcan vouchers to high risk individuals redeemed through Simms | Start: 1/1/18  
End: 12/31/19 | Simms Pharmacy | 50 | 54 | 5 | Green |
| 3. JCHD will request, receive and distribute Naloxone/Narcan through a partnership with DPH and KY Pharmacy Association | Start: 1/1/18  
End: 12/31/19 | Jessamine County Health Department | 100 | 184 | 5 | Green |
| 4. Work with Marketing/Public Relations Workgroup in educational materials, PSA’s, etc. | Start: 1/1/18  
End: 12/31/19 | ASAP Workgroup | 5 | 7 | 5 | Green |
JESSAMINE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN WORKPLAN: 2019-2023

| 5 JCHD and Prescription Pad partner to offer vivitrol vouchers to high risk individuals | Start: 1/1/18 | End: 12/31/19 | Prescription Pad | 10 | 24 | 5 | Green |

a. Comments:
AS #1: JCHD has hosted the Mobile Pharmacy for Narcan distribution and training in February 2017, June 2018 and June 2019
AS #2: As of May 2019 54 Narcan vouchers have been redeemed
AS #3: JCHD requested, received and is now distributing Naloxone/Narcan through a partnership with DPH and KY Pharmacy Association. As of November 22, 2019 184 kits have been distributed.
AS #4: JCHD ran psa's on Jess FM, completed radio interviews and ran ads in Jessamine Journal. Additionally, JCHD has utilized social media (Facebook, Twitter, Instagram) and our website to market the availability of Narcan/Naloxone. Five total communication methods
AS #5: Vivitrol vouchers began distribution in Spring, 2019. As of December 31, 2019 24 high risk individuals have received vivitrol.

a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.): ASAP meeting minutes

<table>
<thead>
<tr>
<th>Strategies: Provide evidence-based prevention programming in Jessamine County</th>
</tr>
</thead>
<tbody>
<tr>
<td>b. Expand first responder use of Naloxone</td>
</tr>
</tbody>
</table>

Overall Progress of Strategy: Green

Rate progress of action step on a scale of 1 to 5:
1 = no progress/not started;
2 = little progress;
3 = some progress;
4 = moderate progress;
5 = excellent progress/completed

Rate OVERALL PROGRESS of each strategy and action step, as follows:
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<tr>
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<th>Actual</th>
<th>Self-rating of progress on action step</th>
<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Engage local law enforcement with use of Naloxone</td>
<td>Start: 1/1/18</td>
<td>Nicholasville &amp; Wilmore Police Departments, Sheriff’s Office</td>
<td>75</td>
<td>98</td>
<td>5</td>
<td>Green</td>
</tr>
</tbody>
</table>

b. Comments:
AS #1: UK College of Pharmacy provided free narcan/training to local law enforcement in February, 2017. Cardinal Health grant secured free naloxone for local first responders in 2018. Two local law enforcement agencies have administered 98 doses of Naloxone per Jessamine Co. Drug Overdose Reporting system as of December 31, 2019, since 2017. Narcan sustainability in 2020 provides free Narcan to NPD through KY Office of Drug Control Policy.

a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.): ASAP meeting minutes and Drug Overdose Reporting System
Strategies: Provide evidence-based prevention programming in Jessamine County

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</tr>
</thead>
<tbody>
<tr>
<td>c. Establish baseline data and monitor opioid overdose admissions &amp; deaths rates for Jessamine County</td>
<td>Overall Progress of Strategy: Green</td>
<td>Rate progress of action step on a scale of 1 to 5: 1= no progress/ not started; 2= little progress; 3= some progress; 4= moderate progress; 5= excellent progress/completed</td>
<td>Rate OVERALL PROGRESS of each strategy and action step, as follows: Green: The strategy is proceeding as expected or is on target to begin at a future date. Yellow: The strategy is not proceeding as expected. Help may be needed to get it back to green. Red: The strategy is in serious danger of not meeting expectations. Immediate help is needed to move it to yellow or green. Blue: This strategy has not started. Gold: The strategy is completed. Black: This strategy has been discontinued</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Annually monitor drug overdose hospitalizations and emergency department visits through KIPRC reporting system</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>CHI St. Joseph Jessamine</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>2. Annually monitor Office of Drug Control Policy OD Fatality report to assess drug OD rates in Jessamine County</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Jessamine County Health Department</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
</tr>
</tbody>
</table>

AS #1: 314 or a rate of 603 per 100,000 in 2017 and 297 or rate of 571 per 100,000 in 2018 drug overdose hospitalizations and emergency department visits in Jessamine County. 2019 data available in 2020. AS #2: 30 reported drug overdose deaths in 2017, for a rate of 56.2 per 100,000 (6th county in state per capita); 18 reported drug overdose deaths in 2018, for a rate of 36.58 rate per 100,000 (8th in state per capita). 2019 data currently not available. In 2016, started GIS mapping drug overdoses to identify hotspot locations in Jessamine County where Mobile Harm Reduction Van will set-up.

Physical Location of Data: (i.e., name of organization, folder name, file name, database name, etc.): JCHD Drug Overdose Trending Google Sheet
### Strategies: Provide evidence-based prevention programming in Jessamine County

<table>
<thead>
<tr>
<th>d. Implement Reverse 911 calling system</th>
<th>Overall Progress of Strategy: Green</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Action Steps:</strong></td>
<td><strong>Timeframe for each Action Step</strong></td>
</tr>
<tr>
<td>1. Engage 911 in defining the process to implement reverse 911 protocol in case of significant increase in drug overdoses during a short period of time</td>
<td>Start: 1/18/18</td>
</tr>
<tr>
<td>2. Researching Opti-In program instead of or in addition to reverse 911</td>
<td>Start: 1/18/18</td>
</tr>
</tbody>
</table>

**d. Comments:**
- AS #1: This strategy has been discontinued
- AS #2: Continuing to research opt-in text alert options. State funds through Kentucky Dept. for Public Health Preparedness Branch allowed for the development of a local opioid overdose response plan which includes activities for implementing messaging to community partners and the general public when there is a spike in overdoses within a certain time-frame.

### PRIORITY ISSUE: Substance Abuse/Drug Overdose

**Priority Focus Area #3: Effective Substance Abuse Prevention**

**Goal 10:** By 2023, increase Jessamine County student awareness and skill around Substance Abuse Prevention

**Objective 10.1**
- By 2023, implement 5 evidence-based substance abuse prevention programs in the school system.

**Objective 10.2**
- By 2023, reduce percent of 12th graders in Jessamine County engaging in non-prescribed prescription drug use by 25% Baseline: 10.6% in 2016 (4.6% in 2018) Reporting Agency: Jessamine County Schools - KIP
**Strategies: Provide evidence-based mental health prevention programming in schools**

<table>
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<th>Actual</th>
<th>Self-rating of progress on action step</th>
<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
</table>
| 1. Monitor DARE program implementation in school system | Start: 1/1/18  
End: 12/31/19 | NPD | 7 | 7 | 5 | Green |
| 2. Invite DARE officer to give a program overview at ASAP meeting– Invite New DARE Officer to become a member of this group to share/present current status of programs | Start: 1/1/18  
End: 12/31/19 | NPD | 1 | 0 | 4 | Green |

**a. Comments:**
AS #1: Seven schools participated in 2018-2019 school year: 561 5th grade students from 5 elementary schools and 653 middle 7th grade students from two middle schools. Total participants = 1,775
AS #2: DARE Officer to recruit DARE student participants to present program overview during May or June ASAP monthly meeting

**b. Promote KIP survey and assess every two years – KIP is set to launch in the Fall of 2018 for all 6,8, 10 and 12 grade students**

**Overall Progress of Strategy:** Green

**Rate progress of action step on a scale of 1 to 5:**
1=no progress/ not started;  
2=little progress;  
3=some progress;  
4=moderate progress;  
5=excellent progress/completed

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**a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.):**
# JESSAMINE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN WORKPLAN: 2019-2023

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</thead>
<tbody>
<tr>
<td>1. Meet with school administrators for access to KIP data</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Jessamine County Schools</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>2. Develop a KIP data report to share at ASAP meetings</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Jessamine County Schools</td>
<td>1</td>
<td>1</td>
<td>3</td>
<td>Blue</td>
</tr>
<tr>
<td>3. Identify priority areas for prevention strategies</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Jessamine County School</td>
<td>1</td>
<td>1</td>
<td>3</td>
<td>Blue</td>
</tr>
</tbody>
</table>

b. Comments:
AS #1: KIP data requested by JCHD in Summer, 2019. KIP survey is administered every two years.
AS #2: KIP data report will be shared with ASAP during 2020 meeting
AS #3: Priority prevention strategies identified by members of ASAP and Jessamine County Schools in 2020

a. Physical Location of Data: (i.e., name of organization, folder, file name, database name, etc.):

**Strategies: Provide evidence-based prevention programming in Jessamine County**

c. Enhance school clubs and activities for student involvement (Peer groups)
Overall Progress of Strategy: Green

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<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Compile list of after-school clubs &amp; activities</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Jessamine County Schools</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>2. Survey students for interests in clubs &amp; activities – Would like to make the school-based clubs more purposeful</td>
<td>Start: 1/1/18 End: 12/31/19</td>
<td>Jessamine County Schools</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>c. Comments:</td>
<td></td>
<td>Jessamine County Schools</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>AS #1: East/West Middle Schools compiled list of after-school clubs and activities and shared listing with all students. AS #2: FRYSCs conduct annual survey of students in Fall. WJMS incorporates club within daily schedule.</td>
<td></td>
<td>Jessamine County Schools</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>d. Make rehabilitation resources available to students (early identification)</td>
<td></td>
<td>Jessamine County Schools</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>d. Comments:</td>
<td></td>
<td>Jessamine County Schools</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>AS #1: Jessamine County Schools/JCHD promoted SOS. Please see Goal 5 - Strategy A (Mental Health: Prevention Programming) AS #2: Liz Moreland of LIAC compiled listing of substance use disorder treatment options for adolescents in Fall, 2018. Other resources readily available to youth: FindHelpNowKy.com and Project Unite</td>
<td></td>
<td>Jessamine County Schools</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>Green</td>
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## JESSAMINE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN WORKPLAN: 2019-2023

### e. Early identification for high-risk students (i.e., homeless students)

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<tbody>
<tr>
<td></td>
<td><strong>1. Early identification of high-risk students for school dropout, homelessness, and other social concerns. Identification indicators include; grades, attendance, family history, traumatic events, etc.</strong></td>
<td>Start: 1/1/2018 End: 12/31/2019</td>
<td>Jessamine County Schools</td>
<td>Ongoing</td>
<td>Ongoing</td>
<td><strong>5</strong></td>
</tr>
<tr>
<td></td>
<td><strong>2. Refer high-risk students to appropriate prevention programs and interventions</strong></td>
<td>Start: 1/1/2018 End: 12/31/2019</td>
<td>Jessamine County Schools</td>
<td>Ongoing</td>
<td>Ongoing</td>
<td><strong>5</strong></td>
</tr>
</tbody>
</table>

### Overall Progress of Strategy: **Green**

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**Black**: This strategy has been discontinued

### Comments:

AS #1: Jessamine County Schools Pupil Personnel Office, which includes staff from the attendance office who work with guidance counselors and school psychologists. Implement Handle with Care program. Incorporate Mental Health First Aid Training to adults to help identify early identification of signs/symptoms in high-risk students for early intervention.

AS #2: School guidance counselors identify and refer high-risk students to appropriate local prevention programs and interventions
Strategies: Provide evidence-based prevention programming in Jessamine County

<table>
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<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
</table>
| 1. New Vista to provide Mental Health First Aid training to staff | Start: 1/1/2018  
End: 12/31/2019 | New Vista | 1 | 1 | 5 | Green |
| 2. Monitor referrals for CANS Assessment in schools | Start: 1/1/2018  
End: 12/31/2019 | Jessamine County Schools | 1 | 1 | 1 | Black |

f. Mental Health First Aid/CANS

Overall Progress of Strategy: Green

Rate progress of action step on a scale of 1 to 5:  
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f. Comments:  
AS #1: Please see Goal 6 Strategy B (Mental Health: Prevention Programming)  
AS #2: This objective has been discontinued and will be re-evaluated in 2020.

h. Increased school staff training around drug use

Overall Progress of Strategy: Gold

Rate progress of action step on a scale of 1 to 5:  
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### Action Steps: Provide school staff training about indicators for substance use by students and appropriate protocol for referral process

<table>
<thead>
<tr>
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<th>Self-rating of OVERALL progress on action step</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start: 1/18/18</td>
<td>Jessamine County Schools</td>
<td>3</td>
<td>3</td>
<td>Gold</td>
<td></td>
</tr>
</tbody>
</table>

#### Comments:
- **AS #1:** Training provided by JCHD staff member during East Jessamine Middle School parents/students during after-school event in February, 2018 (full auditorium). Same presentation provided to 18 middle/high school principals and assistant principals in Summer, 2019. The Offices of Paul Dalton (Counseling/Therapy) provided drug trends presentation in Fall, 2019 to 50 local mental health professionals.

---

### Priority Focus Area #4: Improve Early Intervention, Treatment, Mental Health & Re-Entry

#### Goal 11: Treatment will be accessible to all Jessamine County residents in need of it

#### Objective 11.1

- **By 2023,** increase the number of individuals referred to treatment from Syringe Services Program, annually by 100% (SSP): [Baseline: 8, 2018] (Reporting Agency: Jessamine County Health Department)

### Strategies: Provide evidence-based prevention programming in Jessamine County

#### a. Use of peer support in treatment and during transitions

**Overall Progress of Strategy:** Green

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---
1. Incorporate peer support specialists into syringe exchange program and mobile harm reduction vehicle
   - Start: 1/18/18
   - End: 12/31/19
   - JCHD
   - Start: 12/31/19
   - JCHD

2. Identify other opportunities to implement peer support specialists throughout community
   - Start: 1/18/18
   - End: 12/31/19
   - ASAP

C. Comments:
AS #1: ARC Peer Support Specialist hired for JCHD SSP in September, 2017 - current. Isaiah House peer support specialist started with Mobile Harm Reduction Unit in November, 2019
AS# 2: Jessamine County identified as UK CANHEAL recipient in 2018 for Wave 2 that will place peer support specialist at JCHD to support harm reduction efforts. 2019 - KIPRC OD2A grant received in December, 2019 for $170,000 per year for 3 years to reduce drug overdoses and recidivism rate for individuals leaving incarceration. Case-manager and peer support specialist will be hired in January, 2020 to begin these efforts. Sustainability plan for 2022 - incorporate KIRP UKCANHEAL staff to support efforts tied to KIPRC grant.